



Koninklijke Aarschotse Zwemclub  
Schoonhoven invites you to the

**VLAAMS-BRABANTSE**

# **CLASSIC SWIMMING**

**MEETING 2023**

**Saturday 29 april 2023**

**Sunday 30 april 2023**

**City swimming pool Aarschot  
Demervallei 9  
B 3200 Aarschot, Belgium**

**Koninklijke Aarschotse Zwemclub Schoonhoven vzw  
Gijzelaarsstraat 28- 3200 Aarschot**

**Contact: [diederik.delen@gmail.com](mailto:diederik.delen@gmail.com)**



# VLAAMS-BRABANTSE CLASSIC SWIMMING MEETING 2023

## *MEET INFORMATION*

### **Date**

29-30 April 2023

### **Location**

Aarschot's City Swimming Pool.  
Demervallei 9  
3200 Aarschot, Belgium.

### **Facilities**

The competition will be held in a 25 meter 8-lane pool, with Top Time electronic timing and scoreboard and water temperature set at 27°C. A separate pool will also be available for continuous warm-up and warm-down during the competition. The swimmers, relaxing or warming up in the sport's hall, and the spectators watching the competition in the pool will be able to monitor the results of all swimming competitions on a big screen.

Following data shall be projected on the screen:

1. Before the start. : Lane – Name and first name – Club – Registration chrono
2. At the finish : Ranking – Name and first name – Team – Chrono

The entire swimming event can be monitored on-line via the internet at [www.toptime.be](http://www.toptime.be)

### **Cafeteria**

A cafeteria selling a variety of sandwiches, snacks, and drinks will be open for the duration of the competition

### **Eligibility**

The competition is open to all age groups. No qualifying times are necessary to participate. All participants must be registered with their country's swimming federation and will be requested to include their license number with their entry forms.

### **Competition Authorization**

The competition is authorized by the Flemish Swimming Federation ('VZF') and will be conducted according to federation and FINA regulations.

### **Regulations**

Entries will be processed on a first-come, first-serve basis. The organizers reserve the right to limit entries.

All exchanges and transactions regarding this competition are between Koninklijke Aarschotse Zwemclub Schoonhoven and the participating clubs only. In case an event achieves the 4h limitation, the organizing club can put limits (max 2 per club) to the inscriptions of the long-distance numbers (9, 16, 28, 37)

### **Age Group Categories**

- 09-10 years (2013-2012)
- 11-12 years (2011-2010)
- 13-14 years (2009-2008)
- 15-16 years (2007-2006)
- 17-18 years (2005-2004)
- 19 & older (2003+)



# VLAAMS-BRABANTSE CLASSIC SWIMMING MEETING 2023

## Awards

Prices money, see in annex.

## Entries

The competition will be conducted using [Splash Software](#). Entries must be submitted in Splash format (Lenex files). If your club does not use Splash Software, please submit the entry form. Entries must be emailed to [diederik.delen@gmail.com](mailto:diederik.delen@gmail.com). Clubs will receive a confirmation of their entries by email.

## Entry Deadline

Confirmation of participation happens before 15 March 2023 (confirmation form attached). In case we receive too many subscriptions, clubs who confirms too late have the risk of being denied. Final lenex information needs to be sent to [diederik.delen@gmail.com](mailto:diederik.delen@gmail.com), latest on 18 April 2020, 9am.

Order of inscription will be taken into account to limit the number of participants.

## Entry Fees

€7 (Euros) per individual event (50 meters, 100 meters, and relay) and €8 (Euros) per individual event (200 meters, 400 meters)

Fees are due by Monday, 24 April 2023. BE20 0011 4574 0556 - GEBABEBB

## Payment

Payment must be made by wire transfer. Banking information is in the brochure.

## Safety

For safety reasons, it is the responsibility of the Coaches/Team Managers to ensure their swimmers use the facility for the purpose intended. Any abuse will result in the removal of the swimmer from the competition. The Koninklijke Aarschotse Zwemclub Schoonhoven has no responsibility for lost property, damages or injuries.

## Schedule

### Saturday, 29 April 2023

08:00 AM Morning Warm-Up

09:00 AM Meeting Start

13:00 PM Warm-Up

14:00 PM Meeting Start

### Sunday, 30 April 2023

08:00 AM Morning Warm-Up

09:00 AM Meeting Start

13:00 PM Warm-Up

14:00 PM Meeting Start



# VLAAMS-BRABANTSE CLASSIC SWIMMING MEETING 2023

## PROGRAM

### Session 1: Saturday , April 29, 2023

Warm-Up: 08.00 u.  
Jury composition 08.15 u.  
Start: 09.00 u.

Event No	Event Name	Sex	Age groups				
1	50m Butterfly/Vlinderslag/Papillon	F	11-12	13-14	15-16	17-18	19+
2	50m Butterfly/Vlinderslag/Papillon	M	11-12	13-14	15-16	17-18	19+
3	200m Freestyle/Vrije slag/Nage libre	F	11-12	13-14	15-16	17-18	19+
4	200m Freestyle/Vrije slag/Nage libre	M	11-12	13-14	15-16	17-18	19+
5	50m Backstroke/Rugslag/Dos	F	11-12	13-14	15-16	17-18	19+
6	50m Backstroke/Rugslag/Dos	M	11-12	13-14	15-16	17-18	19+
7	200m Breaststroke/Schoolslag/Brasse	F	11-12	13-14	15-16	17-18	19+
8	200m Breaststroke/Schoolslag/Brasse	M	11-12	13-14	15-16	17-18	19+
9	400m Medley/Wisselslag/4 nages	F	11-12	13-14	15-16	17-18	19+

### Session 2: Saturday, April 29 2023

Warm-Up: 13.00 u.  
Jury composition 13.15 u.  
Start: 14.00 u.

Event No	Event Name	Sex	Age groups				
10	100m Freestyle/Vrije slag/Nage libre	F/M	9+10				
11	200m Backstroke/Rugslag/Dos	F	11-12	13-14	15-16	17-18	19+
12	200m Backstroke/Rugslag/Dos	M	11-12	13-14	15-16	17-18	19+
13	100m Backstroke/Rugslag/Dos	F/M	9+10				
14	200m Butterfly/Vlinderslag/Papillon	F	11-12	13-14	15-16	17-18	19+
15	200m Butterfly/Vlinderslag/Papillon	M	11-12	13-14	15-16	17-18	19+
16	400m Freestyle/Vrije slag/Nage libre	F	11-12	13-14	15-16	17-18	19+
17	200m Medley/Wisselslag/4 nages	M	11-12	13-14	15-16	17-18	19+



# VLAAMS-BRABANTSE CLASSIC SWIMMING

## MEETING 2023

### Session 3: Sunday, April 30, 2023

Warm-Up: 08.00 u.

Jury composition 08.15 u.

Start: 09.00 u.

Event No	Event	Event Name	Sex	Age groups				
18		100m Butterfly/Vlinderslag/Papillon	M	11-12	13-14	15-16	17-18	19+
19		100m Butterfly/Vlinderslag/Papillon	F	11-12	13-14	15-16	17-18	19+
20		100m Breaststroke/Schoolslag/Brasse	M	11-12	13-14	15-16	17-18	19+
21		100m Breaststroke /Schoolslag/Brasse	F	11-12	13-14	15-16	17-18	19+
22		100m Freestyle/Vrije slag/Nage libre	M	11-12	13-14	15-16	17-18	19+
23		100m Freestyle/Vrije slag/Nage libre	F	11-12	13-14	15-16	17-18	19+
24		50m Breaststroke/Schoolslag/Brasse	M	11-12	13-14	15-16	17-18	19+
25		50m Breaststroke/Schoolslag/Brasse	F	11-12	13-14	15-16	17-18	19+
26		50m Freestyle/Vrije slag/Nage libre	M	11-12	13-14	15-16	17-18	19+
27		50m Freestyle/Vrije slag/Nage libre	F	11-12	13-14	15-16	17-18	19+
28		400m Medley/Wisselslag/4 nages	M	11-12	13-14	15-16	17-18	19+

### Session 4: Sunday, April 30, 2023

Warm-Up: 13.00 u.

Jury composition 13.15 u.

Start: 14.00 u.

Event No	Event	Event Name	Sex	Age groups				
29		200m Medley/Wisselslag/4 nages	F/M	9+10				
30		100m Medley/Wisselslag/4 nages	F/M	9+10				
31		100m Medley /Wisselslag/4 nages	F	11-12	13-14	15-16	17-18	19+
32		100m Medley /Wisselslag/4 nages	M	11-12	13-14	15-16	17-18	19+
33		<u>100m Breaststroke/Schoolslag/Brasse</u>	F/M	9+10				
34		100m Backstroke/Rugslag/Dos	F	11-12	13-14	15-16	17-18	19+
35		100m Backstroke/Rugslag/Dos	M	11-12	13-14	15-16	17-18	19+
36		200m Medley /Wisselslag/4 nages	F	11-12	13-14	15-16	17-18	19+
37		400m Freestyle/Vrije slag/Nage libre	M	11-12	13-14	15-16	17-18	19+
38		4 X 50m Freestyle/Vrije slag/Nage libre	F	OPEN				
39		4 X 50m Freestyle/Vrije slag/Nage libre	M	OPEN				



# VLAAMS-BRABANTSE CLASSIC SWIMMING MEETING 2023

## *PRICES*

1. The participants shall be split over the following age categories:

11 and 12	13 and 14	15 and 16	17 and 18	19+
A	B	C	D	E

2. For every event number there is a medal for the first 3 swimmers per category.  
3. In the 9 and 10 year-old category there is a medal for the first 3 swimmers per year of age.

Grand Prix Schoonhoven

€ 660,00

4. Best FINA performance over all the events of 29 and 30 April 2023 by year from 11 years to 19 +.  
At equality of points, the winner is he or she who is representing the first points earned.

Cat C	Cat C	Cat D	Cat D	Cat E
15 Year	16 Year	17 Year	18 Year	19 year and +
€ 60,00	€ 60,00	€ 65,00	€ 65,00	€ 80,00

Grand Prix Stad Aarschot

€ 340,00

5. Best FINA performance over all the events of 29 and 30 April 2023 by year from 11 years to 19 +.  
At equality of points, the winner is he or she who is representing the first points earned.

Cat A	Cat A	Cat B	Cat B
11 Year	12 Year	13 Year	14 Year
€ 40,00	€ 40,00	€ 45,00	€ 45,00

6. The money prizes will be awarded on Sunday evening, minimum 30 minutes after the end of the event in the cafeteria of the sports complex.  
7. The amount will be transferred to the clubs. The clubs will hand over the money to the swimmers.  
8. The presentation of the Cup also has place in the cafeteria after the cash prizes.

The Board of Directors.



# **VLAAMS-BRABANTSE CLASSIC SWIMMING**

## **MEETING 2023**

### **Classic Swimming Meeting of Flemish Brabant 2019**

## ***REGULATION***

### **“Trophy Province of Flemish Brabant”**

1. The competition “ Trophy Province of Flemish Brabant “ is organized on an annual basis by the inviting club Koninklijke Aarschotse Zwemclub Schoonhoven. This swimming meeting is governed by the regulations of the Royal Belgian Swimming Federation – Flemish Swimming Federation .
2. The heats shall be composed on the basis of the communicated realized chronos on the understanding there will be no heats per age category.
3. The rules of calculation for the Trophy are summarized here below.

First place: 10 points	Sixth place: 5 points
Second place: 9 points	Seventh place: 4 points
Third place: 8 points	Eight place: 3 points
Fourth place: 7 points	Ninth place: 2 points
Fifth place: 6 points	Tenth place: 1 point

4. Should participating clubs have an equal score, the club having realized the most of individual victories shall be declared the winner of the trophy.
5. The winning club shall be given the Trophy in custody for a period of 1 year subject to a written declaration by the Club’s representative.
6. The winning club shall be required to hand back the Trophy in good shape at least 12 week before the new competition shall take place. The Trophy, could, however, become the propriety of the club which shall win the Trophy at least 3 times in a period of 5 years. Upon handing back the Trophy, a small replica shall be given.
7. In case some issues would not be dealt with by this regulation or fall outside the scope of the Jury, it is the prerogative of the organizing club to make a judgment call.

Regulation approved by the Flemish Board for Sports on May 15, 2003

The President: Diederik Delen

The Secretary: Nelis Vets

## ***LODGING***



# VLAAMS-BRABANTSE CLASSIC SWIMMING MEETING 2023

## 1. Sporta

Address: Gemeinde - 2260 Tongerlo, Westerlo  
Capacity: 400 beds.  
Locatie: 16 kilometers from the City of Aarschot  
Prior Registration is required.  
<http://www.sporta.be>

## 2. Bed & Breakfast : Vossendries :

Address : Grootveld 1  
3221 Nieuwrode – Holsbeek  
Tel: 32 1656 93 24 GSM: 32477 302887  
[vossendries@vossendries.com](mailto:vossendries@vossendries.com)

Traditional land house with English garden. Comfortable dining room, orangerie, TV, radio, wireless internet, fully equipped kitchen with micro-wave oven. Terrace and BBQ. Very quiet location, ideal for hiking and biking. Bath room, toilet, 2 rooms (2 double beds and 2 single beds). Private parking.  
No dogs allowed.

Louvain (15 min.) , Brussels Airport (30 min.) , Bruges / Côte Belge (90 min.) , Les Ardennes (90 min.).  
<http://www.vossendries.com/index.htm>

## 3. Jeugdherbergen - Auberges de jeunesse: <http://www.jeugdherbergen.be> 'Boswachtershuis'

Capaciteit 82 bedden - Capacity: 82 beds  
Papereef 1 - B 2260 Westerlo  
T: +32(0)14 54 79 38 / F: +32 (0)14 54 79 38 / [westerlo@vjh.be](mailto:westerlo@vjh.be)

Localisation: at 16 km from the city of Aarschot

### "De Blauwput"

Martelarenlaan 11A - B 3010 Leuven  
Capaciteit 116 bedden - Capacité: 116 beds  
T: +32(0)16 63 90 62 / F: +32 (0)16 63 90 64 / [leuven@vjh.be](mailto:leuven@vjh.be)

Localisation: at 16 km from the city of Aarschot  
Accessible by car, train and coach

## 4. Bed and Breakfast De Meren Enjoy ... the silence!





# VLAAMS-BRABANTSE CLASSIC SWIMMING MEETING 2023

Address : Merenstraat 40, 3201 Aarschot (Langdorp)

B&B De Meren (the lakes) is hidden within the woods of Langdorp, just outside of Aarschot 'Pearl of The Hageland'. Here you can leave your hectic life behind just for a little while and enjoy the peace and quiet of nature. It is a 'home away from home' for business people but just as much for hikers and bikers. De Meren is located near official hiking and biking trails and this makes it an excellent homebase to explore the Hageland and Flemish Brabant. Every room has its own bathroom, flatscreen TV and an internet connection. There is a great view of the woods from the common room and breakfast area. The garden with pond is a great place to relax in ...

## 5. De Pluimpapaver:

Aarschot –Rillaar - +/- 3 km located from the City Swimming Pool of Aarschot

Address: Nopstal, 51, 3200 Aarschot

Tél. : 016 50 22 19

Fax : 016 80 50 35

### Room accomodation

- 5 rooms
- Bath room / shower / toilet
- Phone
- TV
- Broadband Internet
- Air conditioning

### EXTRA

- Transport to the airport
- Dry cleaning

[http://www.inbelgium.be/hotels/belgie/leuven\\_aarschot\\_aarschot\\_depluimpapaver\\_NL\\_24012\\_6.htm](http://www.inbelgium.be/hotels/belgie/leuven_aarschot_aarschot_depluimpapaver_NL_24012_6.htm)

## 6. Hotel Hertogenmolens

Address: Demerstraat 1, 3200 Aarschot (City centre of Aarschot)

Tel. : 016 44 86 01

Mail : [hertogenmolens@lodge-hotels.be](mailto:hertogenmolens@lodge-hotels.be)

's Hertogenmolens Hotel is situated in a renovated water mill on the river the Demer in Aarschot and offers 25 rooms with free Wi-Fi and a flat-screen tv. The hotel has its own bar and a garden with a terrace. You can rent bikes to explore the local area.

The rooms of 's Hertogenmolens are air conditioned and have wooden beams and brick walls. They all feature a work desk and a flat-screen tv. The suites also have a spacious seating area. The private bathrooms are equipped with a bath or a shower and a hairdryer. In the spacious dining room, a breakfast is served every morning. You can all day by a drink in the hotel bar.

The area has many restaurants serving traditional Belgian dishes.



<http://www.hertogenmolens.be/>



# VLAAMS-BRABANTSE CLASSIC SWIMMING MEETING 2023

Confirmation of participation.

Bevestiging van deelname.

Confirmation de la participation.

**Club's name, Naam van de club, Nom du club**

**Club's abbreviation, Afkorting van de club, Abréviation du club:**

**Address, Adres, adresse:**

**Tel:**

**E-mail:**

**Manager of the club, Verantwoordelijke van de club, Responsable du club:**

Will participate

Yes

No

Neemt deel

Ja

Neen

Participe

Oui

non

Saturday

Sunday

estimated number of participants

schatting aantal deelnemers

estimation du nombre de participants

}

**Please confirm your participation before 15/03/2023**

Koninklijke Aarschotse Zwemclub Schoonhoven V.Z.W.

Gijzelaarsstraat 28

B-3200 Aarschot

Contact : [diederik.delen@gmail.com](mailto:diederik.delen@gmail.com)

The President,  
De voorzitter,  
Le Président

Diederik Delen

The Secretary:  
De secretaris  
Le Secrétaire

Nelis Vets

**We cannot guarantee places for those who do not return the form to us in time.**

**We kunnen geen plaats garanderen voor clubs die het formulier niet tijdig terugsturen.**

**Nous ne pouvons pas garantir la participation pour les clubs qui n'auront pas renvoyé ce document.**



# VLAAMS-BRABANTSE CLASSIC SWIMMING MEETING 2023

## *OUR EVENT SPONSOR*

 <p data-bbox="287 1187 590 1310">T/F 016/350 150 <a href="http://www.bsjsport.be">www.bsjsport.be</a></p>	<p data-bbox="622 638 1340 1041">Zwemkledij + toebehoren Tenniskledij + toebehoren Bespanning raketten Loopschoenen Wandelschoenen</p>  <p data-bbox="654 1254 1340 1310">Liersesteenweg 127/1 - 3200 AARSCHOT</p>
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